

**CALFRESH BOX TONG FIENX SOU GORNGV MAIV DUQV MINGH CAUX DOIC CA'LAANGH**

BENX ZEIX NAAIV NORM KAAU DIV

Tong fiex hnoin	:
Gong-bou sic mbuoz	:
Mengh hoc nam mber	:
Zoux gong mienh nyei mbuoz	:
Mengh hoc nam mber	:
Fonh nam mber	:
Buon-deic dorngx yiem	:

Waa-naaic? Liouh naaic meih nyei zoux gong mienh.

**Nquenc zong porv leiz ciangv: Se gorngv meih haix hnamv daaih naav deix gong zoux dorngc nor meih sei oix zuqc tov naaic heuc bun paaiv muangx cing sei gorngv jies daaih meih maiv duqv muangx paaiv cing jies dongh meih corc qiex njiec nyei buonc wuov. Yiem naav zeiv fiex nyei ga'haav nqaang njiaaux mbuox meih hnangv haaix nor zoux. Meih nyei fu'loqc nyaanh buonc corc sei hnangv lox wuov se gorngv meih duqv tov liouh muangx bun paaiv ndaangc ninh mbuo duqv njiec buoz zoux gong nyei hnoin.**

Paaiv yietc nyeic ziangh hoc bun buangh doic ca'laangh hnoin \_\_\_\_\_, liuz meih yaac maiv duqv mingh buangh gan dunz nyei hnoin-nyieqc ziangh hoc. Se gorngv meih corc sei oix longc CalFresh nyaanh nyei nor, oix zuqc jien sin buangh taux meih nyei zoux gong mienh tengx bun-paaiv jies saing-ziangh hoc liouh buangh doic ca'laangh.

Meih oix zuqc zoux taux ziangx mbuo buangh doic nyei ca'laangh waac yiem \_\_\_\_\_ .  
HLAAZ/HNOI/CCHNYANGZ

Meih oix zuqc buangh doic ca'laangh ziangx liouh bun yie mbuo dorch mingh zaah dimv ndaau-ndorqc mangc meih nyei ginv longc CalFresh fu'loqc nyaanh. Se gorngv meih maiv mingh buangh doic ca'laangh taux ziangx nor, meih yaac maiv haih duqv zipv longc CalFresh nyaanh aqv.

Se gorngv meih maaih waac qiex zuqc oix naaic a'fai oix hiuv duqv yietc nyeic cing-mengh waac gorngv taux gong bou nor oix zuqc buangh lorz taux meih nyei zoux gong mienh.

**YIETC NYEIC DOH LEIZ:** Naaiv deix doh leiz oix zuqc longc ei: MPP wuov kang 63-300.4, 63-504.6. Meih corc sei haih zuqc paan pei mangc naav deix gong yiem meih nyei tengx gouz taan nyanc hopv nyei zoux gong dorngx.

## MEIH MAAIH LEIZ DUQV MIENH TENGX MUANGX SIC

Se gorngv nquenc dingc daaih nyei maiv horpc meih nyei hnyouv nor, meih maaiah leiz tov mienh tengx muangx nyei. Meih maaiah 90 hnoi duqv tov mienh tengx muangx naaiv dejauv. 90 hnoi se yiem dongh nquenc bun fai fungx fiex bun jievn meih nqa'haav wuov hnoi jiez gorn. Se gorngv meih tov daaih nyei waac maaiah lamh longc nyei nor, jievn liuz 90 hnoi, meih njiec sou tov mienh tengx muangx yaac duqv nyei. Ninh mbuo nziex dunx ziangh hoc bun meih nyei.

Se gorngv meih tov mienh tengx meih muangx sic ndaangc ninh mbuo dingc taux Nyaanh Maeng, Medi-Cal, Maaiz Nyanc Nyei Nyaanh (CalFresh), fai Goux Fu'jueiv nor:

- Meih m'daaih duqv nyaanh maeng fai Medi-Cal hnangv loz nor dongh meih zuov jievn mingh sic dorng hnei ziangh hoc.
- Meih nziex duqv mienh tengx gouxfu'jueiv hnangv loz nor dongh meih zuov jievn mingh sic dorng hnei ziangh hoc.
- Meih duqv zipv CalFresh hnangv loz nor taux muangx sic nyei mienh dingc daaih fai taux meih zipv nyaanh ziangh hoc dorng. Haaix kang daaih ndaango oix zuqc ei naaic kang aqv.

Se gorngv muangx sic nyei mienh dingc daaih yie mbuo zuqc nor, meih qiex yie mbuo se dongh meih duqv camv jievn ndaangc nyei Nyaanh Maeng, CalFresh fai duqv mienh tengx Goux Fu'jueiv. Ndaangc mingh sic dorng, oix yie mbuo jamv njiec fai dingh maiv tengx nyaanh meih nor, tov guetv jievn ga'ndiev naaiv oc.

Aeqc, jamv njiec fai dingh:  
 Nyaanh Maeng (Cash Aid)  
 CalFresh (Maaiz nyanc nyei nyaanh)  
 Goux Fu'jueiv (Child Care)

### Dongh Meih Zuov Jievn Sic Dorng Dingc:

#### Hoqc Gong (Welfare to Work)

Meih maiv zuqc zoux naaiv deix gong.

Ndaangc meih duqv zipv naaiv zeiv fiex bun cing nquenc laengz waac, meih nziex hah duqv zipv gouxfu'jueiv nyaanh funx meih zoux gong caux dieh nyungc jauv.

Se gorngv yie mbuo mbuo meih, meih duqv zipv ca'lengc nyei nyaanh oix dingh nor, meih za'gengh maiv duqv nyaanh aqv, maiv gunv meih corc liuc leiz meih nyei gong.

Se gorngv yie mbuo dingc mbuo meih yie mbuo tengx meih cuotv weic meih ca'lengc duqv zipv tengx, yie mbuo laengz tengx cuotv junh hnangv naaiv zeiv fiex taan nor.

- Se gorngv yie mbuo meih yie mbuo tengx mv duqv meih nor, meih maiv duqv bieqc Cal-Learn Gorn hoqc.
- Dongh meih zuov jievn buangh sic dorng, yaac buatc nquenc ca'lengc tengx nyei nyaanh bun bieqc gong se maiv gauv nor, meih dingh maiv zoux yaac duqv nyei.

#### Cal-Learn:

- Se gorngv yie mbuo meih yie mbuo tengx mv duqv meih nor, meih maiv duqv bieqc Cal-Learn Gorn hoqc.
- Yie mbuo kungx bun nyaanh tengx dongh jaa-ndaangc dingc bun bieqc Cal-Learn nyei gorn hoqc hnangv.

### MBUOX BUN HIUV TAUX DIEH NYUNGC JAUV

Medi-Cal Tengx Beu Zorc Baengc: Naav zeiv fiex bun meih duqv hiuv meih nziex maiv duqv zipv nzie taux tengx zorc baengc nyei jauv aqv. Se gorngv meih maaiah waac-naaic nor, tov heuc mingh naaic liuc leiz naaiv kang gong nyei mienh (health plan membership services).

**Nzie Fu'jueiv caux/fai Tengx Zorc Baengc:** Buonh Deic Nzie Fu'jueiv Nyei Gorn laengz baeqc tengx siou nzie nyei nyaanh maiv gunv meih maiv duqv zipv nyaanh maeng. Se gorngv ih zanc ninh mbuo tengx meih siou nyaanh bun meih nor, ninh mbuo m'daaih borqv siou jievn mingh taux meih fiev fiex mbuo ning mbuo dingh. Ninh mbuo siou duqv daaih fungx nzie fu'jueiv nyei buonh bun meih, mv baac siou daaih wuov deix ninh mbuo funx benx jievn qiemx nquenc nyei zaeqv.

**Mbenc Hmuangv Doic:** Se gorngv meih tov nor, meih nyei welfare nyei sou-gorn dorng maaiah sou tengx duqv meih nyei.

**Muangx Sic Nyei Sou-Gorn:** Se gorngv meih tov mienh tengx muangx sic nor, Saengv Muangx Sic Nyei Gorn (State Hearing Division) laengz tengx meih jiez gorn zoux sou. Ndaangc muangx sic nyei hnoi, zoqc zoqc I norm leiz-baaix, meih maaiah leiz duqv buatc naaiv zeiv sou yaac duqv zipv kuaav yienz daaih nyei sou taan taux nquenc hnangv haaix nor dingc daaih. Saengv nziex hah bun meih nyei sou-gorn naaiv deix gorn tengx muangx (Welfare Department and the U.S. Department of Health and Human Services and Agriculture). (W&L Code Sections 10850 and 10950).

## TOV TENGX MUANGX SIC:

- Fiuh dorng naaiv zeiv sou.
- Yienz cuotv nza'hmien caux nqa'haav naaiv zeiv sou bun meih ganh siou liouh.  
Se gorngv meih tov nor, meih nyei gouxfu'jueiv hnangv loz nor dongh meih zuov jievn mingh sic dorng hnei ziangh hoc.
- Fungx fai dorh naaiv zeiv sou mingh bun:
- Heuc kungx maiy zuqc cuotv nyaanh: 1-800-952-5253 fai se gorngv m'normh mv mbienc fai gorngv waac mv jauh oix zuqc longc TDD nor, tov heuc 1-800-952-8349.

**Lorz Tengx:** Meih longc gu'nguaaic fiev daaih heuc kungx maiy zuqc cuotv nyaanh nyei douc waac hoc-maaaz heuc mingh naaic taux meih muangx sic maaiah nyei leiz fai lorz mienh tengx yaac duqv nyei. Meih maaiah leiz duqv meih nyei buonh deic welfare sou-gorn dorng fai dengv leiz nyei gorn tengx kungx meih.

Se gorngv meih maiy oix ganh mingh muangx sic nor, meih maaiah leiz dorh dauh a'nziaauc doic fai dauh baav mienh caux meih mingh duqv nyei.

## TOV TENGX MUANGX SIC

Yie tov mienh tengx muangx sic weic zuqc Welfare yiem \_\_\_\_\_ Nquenc dingc taux yie duqv zipv nyei:

- Nyaanh Maeng (Cash Aid)  
 CalFresh (Maaiz nyanc nyei nyaanh)  Medi-Cal  
 Dieh nyungc (fiev mbaih jievn) \_\_\_\_\_

**WEIC NAAIV:** \_\_\_\_\_

- Se gorngv meih qiex zuqc dorngx fiev gauh camv naaiv nor, getv jievn naaiv caux jaa yietc pin oc.**  
 Yie qiex zuqc saengv lorz dauh mienh tengx yie faan waac, tengx kungx hnangv, yaac maiy zuqc cuotv ninh nyei gong-zinh. (Muangx sic nyei ziangh hoc maiv longc cien-ceqv fai a'nziaauc doic tengx meih faan.)

Yie gorngv nyei waac fai fingx nyei waac se: \_\_\_\_\_

DONGH MAIV DUQV HUNGJ JAA TENGX NYAANH, TIUV TENGX NYEI JAUV, FAI DINGH MAIV TENGX WUOV DAUH NYEI MBUOX

CUOTV SEIX HNOI	DOUC WAAC HOC-MAAZ
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DEIC-ZEPV

MUNGV	SAENGV	ZIP CODE
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MBUOX-LOUC

HNOI
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TENGX FIUH NAAIV ZEIV FORMH WUOV DAUH MIENH NYEI MBUOX

DOUC WAAC HOC-MAAZ
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- Yie oix naaiv dauh mienh, dongh maaiah mbuox njiec naaiv sou, div yie muangx naaiv deix waac. Yie nqoi nzuuh bun naaiv dauh mienh mangc yie nyei sou-gorn fai div yie mingh sic dorng. (Naaiv dauh mienh benx a'nziaauc doic fai cien-ceqv duqv nyei, mv baac tengx meih faan waac maiv duqv.)**

MBUOX	DOUC WAAC HOC-MAAZ
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DEIC-ZEPV

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